

From: AUSTAT <info@austat.org.au>
Sent: Friday, 26 April 2019 3:55 PM
To: Karen
Subject: AUSTAT NEWS - April 2019

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AUSTAT NEWS

April 2019

Council met on Sunday 14 April. Matters dealt with were:

- Administrator's Report from Karen Nankervis
- Treasurer's Report from Penny McDonald – getting towards the end of the financial year, AUSTAT's funds are running down, which is usual
- Aniko Ball has been appointed to Council, replacing Kaye Ashton. Thank you to Kaye for her valuable contribution to Council over the past years
- David Moore has agreed to replace Matt Wasley on the Training Course Standing Committee (TCSC)
- The newly-formed TCSC has met, with Sandra Dobbs as Chair
- It was agreed that AUSTAT write to the head of the panel reviewing the matter of Health Fund rebates and to various parliamentary candidates
- Work is continuing on the Strategic Plan

HEALTH FUNDS

You may have noticed recently in the media that the government is having a rethink about the Health Funds rebate, and is conducting a Review of Natural Therapies for private health insurance. To find out more:

<http://www.health.gov.au/internet/ministers/publishing.nsf/Content/health-mediarel-yr2019-hunt120.htm>

ADVANCE NOTICE

Invoices will shortly be sent out for renewal of membership to AUSTAT. Prompt payment is much appreciated.



AUSTAT Conference 2019, Melbourne

“The Breath of Life and Movement”

with Pamela Blanc

In the year of F M Alexander's 150th birthday we celebrate the man known as the 'Breathing Man' and welcome Pamela Blanc, master Alexander Technique teacher and senior teacher in the Art of Breathing.

October 4 (4pm-9pm) 5 and 6 (9am-5pm)

Conference Dinner 6pm-10pm, Saturday 5 October

(This is the week after the AFL Grand Final and a long weekend in NSW, ACT and SA)

Venue: **Victorian College of the Arts**

Building 879m 28 Dodds St, Southbank, Melbourne

Walking distance from Flinders St Station

Pamela Blanc has a private practice in Los Angeles, CA and is a founding director (1987) and senior faculty of The Alexander Training Institute of Los Angeles (ATI-LA), a Private Postsecondary School licensed by the State of California to train individuals to become certified teachers of the F.M. Alexander Technique. Pamela also oversees continuing education for AT Teachers at ATI-LA.

Pamela's first Alexander teacher was Frank Ottiwell (1975) in San Francisco and trained with Frank and Giora Pinkas, graduating 1979.

She met and worked with Patrick Macdonald in early 1976; Marjorie Barstow in 1978; Walter & Dilys Carrington in 1979. Encouraged by her teachers and committed to her own learning process Pamela pursued studies before, during, and after graduation with these first generation teachers as well as with Marjory Barlow, Peggy Williams, and Elisabeth Walker.

Pamela is the senior teacher of Jessica Wolf's *Art of Breathing*, having been introduced to the principles of Breathing Coordination by Jessica Wolf in 1998; Pamela had a series of private lessons with Mr. Carl Stough in 2000; enrolled in the first Graduate Training Program of Jessica Wolf's *Art of Breathing* at the American Center for the Alexander Technique, NYC (2002-2003); and has assisted Jessica in teaching this course of study to other Alexander Technique Teachers. Pamela continues her private studies with Jessica and has integrated this influence into her own teaching.

During her 40-year career she spent eleven years as adjunct & guest lecturer in the Music Conservatory of Chapman University and previously adjunct at other universities in southern California where she continues to present master classes.

Pamela is delighted to be the Key Note Speaker for the 2019 AUSTAT Conference in Melbourne. www.PamelaBlanc.com

Ticket sales are now open

Book at <https://www.trybooking.com/BBBWP>

Early bird prices apply for full AUSTAT members until 1 September 2019, so book early.

Ticket price includes pizzas Friday night, dinner Saturday night and lunches on Saturday and Sunday.

Full Conference ticket: \$455, Early Bird \$355

Friday only ticket: \$75, Early Bird \$55

Saturday only ticket: \$240, Early Bird \$190

Sunday only ticket: \$170, Early Bird \$120

Rates available for Students, Observers and non-AUSTAT members - see online booking page for details.



Accommodation

This year we have arranged a special accommodation rate with Seasons Botanic Gardens. As a conference attendee you can book a Studio Queen room apartment for \$155 per night or a 2 bedroom apartment for \$245 per night. This accommodation is very comfortable, clean, some with views and is located less than 10 minutes walk from the conference venue. There is the added benefit of being the location of the conference dinner on Saturday 5 October and the post conference workshop in Melbourne. The hotel is across the road from the Shrine on St Kilda Road, in an attractive and convenient position for public transport and Melbourne's central sights.

To book click the link below, go to "Book Your Stay" in the side bar of your computer or the "Book" tab on your mobile phone, and log in under "client login" using the following user name and password to receive the special rate.

<http://www.sahg.com.au/seasons-botanic-gardens-melbourne>

Username: AUSTAT

Password: Welcome1

Call for Conference Presenters

If you are interested in giving a presentation or running a workshop please send details to Penny@harmonicmotion.com.au or call her on 0428 377 060.

A conference is a time to

- share ideas,
- share work,
- learn something new,
- feel empowered as our community gathers.

You always feel good after an AUSTAT conference!
Looking forward to seeing you there.

Post Conference Workshops with Pamela Blanc

Melbourne

October 7th and 8th - 9.00am to 5.00pm.

Venue Seasons Botanic Gardens, 348 St Kilda Road Melbourne

Cost : \$250.00

Sydney

October 12th and 13th 9.00am to 5.00pm.

Venue: Cammeray Golf Club, Park Ave, Cremorne

Cost \$250.00

Book at <https://www.trybooking.com/BBBWP>



Website



Members Login



Facebook

You are invited to submit details of coming events and/or links to relevant articles you feel may be of value and interest to other members.

You may also like to send a comment about this initiative to keep members informed.

Please send correspondence to: info@austat.org.au

Helen Thomson
Newsletter Compiler

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