

From: AUSTAT <info@austat.org.au>
Sent: Wednesday, 29 January 2020 9:44 AM
To: Karen
Subject: January 2020 Enews

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AUSTAT NEWS

January 2020

NOTICE OF SPECIAL GENERAL MEETING

Notice is hereby given under Section 46 (c) and (d), Section 47 and Section 60 of the AUSTAT Constitution that a **Special General Meeting (SGM)** of the Australian Society of Teachers of the Alexander Technique (AUSTAT) Inc. will be held by Zoom Meeting on:

Sunday 16 February 2020 from 11.00am to 2.30pm (AEDT)

The business of the SGM shall be to consider three motions that require Special Resolution. These motions are intended to be passed as Special Resolutions to the AUSTAT Constitution.

No other business will be attended to.

AUSTAT Council has been requested to convene this Special General Meeting by a petition of ten or more members.

AUSTAT Council is required under Sections 46 (c) and 46 (d) of the AUSTAT Constitution to convene a Special General Meeting where requested by ten members to do so. The meeting will discuss only the matters (being three motions intended for special resolution) raised by those ten members.

Section 60 of the AUSTAT Constitution states that “the objects and Constitution of AUSTAT shall not be altered except by special resolution at a general meeting of AUSTAT. Notice of the proposed alteration must be given in writing at least 45 days prior to the meeting to the Secretary who shall notify all members of AUSTAT at least one calendar month prior to the meeting”.

A Special Resolution (Section 52) is passed by at least three quarters of those members of AUSTAT as, being entitled under this Constitution so to do, vote in person or by proxy at a general meeting.

The names of the members who have petitioned AUSTAT Council are included at the end of this notice, as are the three motions intended for Special Resolution.

What you should do:

- [Click on this link to read the motions before the Special General Meeting](#)
- **If you would like to attend the SGM by Zoom Meeting please contact the AUSTAT Administrator.**

Full details of the Zoom meeting, process, meeting procedure and paperwork will be emailed to registered attendees prior to the SGM.

- **If you are unable to attend this SGM, please participate in the collective decision-making of the Society by appointing a proxy.**

A proxy form is included in this mailing and is available on the AUSTAT website.

Names of Members requesting an SGM: Karen Anderson, Shelley Kaye Ashton, Anne Carroll, Jane Coker, Cathy Dowden, , Greg Holdaway, Anne Mallen, Kate Morris, Bronwyn Munro, Ann Shoebridge, Matthew Wasley

Date request for SGM received - 25th November 2019

Signed: Jeremy Woolhouse, AUSTAT Chair 20th December 2019

AUSTAT Administrator – Karen Nankervis

Postal: PO Box 405, Beechworth 3747

Email: info@austat.org.au

Phone: 0407 261927

[2020 SGM Notice of Meeting](#)

[2020 SGM Proxy Form](#)

[2020 SGM Motions](#)

[Click here](#) to review amendment to Motion One, received from Marietta Simarro Garcia

[Click here](#) to review amendment to Motion One, received from Raymond Taylor

[Click here](#) to review letter from Michael Stenning re SGM

Council News - Meeting held Sunday 19th January

- Special General Meeting 16 Feb 2020 - preparation
 - New Membership Fees are applicable from 1 July 2020
 - AUSTAT to be represented at Pain Conference by Bronwyn Munro and Jenny Thirtle
 - The budget for special projects for 2019/2020 has now been allocated. No further requests will be granted for 2020.
 - Requests for funding of special projects in the next financial year need to be made prior to the budget being done, so that they can be budgeted for.
 - Treasurer's report
 - Budget monitoring report
 - Moderation document revision by TCSC in progress
 - 'Assessment Procedures Proposal' – moving towards consultation with AUSTAT Membership
 - ITM Summer Edition coming soon.
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Canberra Alexander Teacher Training School

Michael Stenning has written 3 reports, one for each year of the non-traditional training course which he has directed.

If anyone wants to read these, please contact Michael mps@freedominaction.com.au

Simon Fitzgibbon Small Group Training Workshop

Melbourne

A limited number of places are still available for this event.

This workshop for trainees and teachers is to be held over two days in Rosanna (Melbourne).

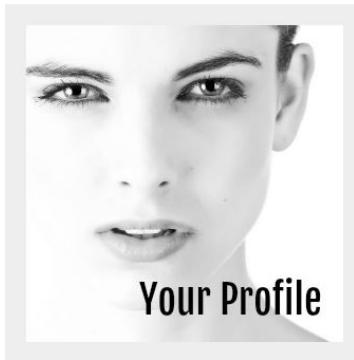
Saturday 15 February 10am – 1 pm and Sunday 16 February 3pm – 6pm.

\$60 per workshop.

Preference given to those interested in doing both days.

Some private lessons are also available.

Contact Bronwyn – info@thinkalexander.com.au



Updating your profile

Have you updated your profile on the AUSTAT website? It's your 'face' to the public when they visit our website and search for a teacher.

[Click here](#) to watch a short video from our Administrator, Karen, on how to update your profile.

You need to be logged in to view it.

Please contact Karen at info@austat.org.au for more info and to provide feedback.

John Nicholls - Public Talk

Primary Control: What, why and how?

Friday February 7 @ 6:30pm-8:30pm

School of FM Alexander Studies, 330 St Georges Road, Fitzroy North, Victoria 3068

In his 1973 book *The Alexander Principle*. Dr. Wilfred Barlow, husband of FM's niece Marjory Barlow, wrote that: "Alexander and some of his supporters at one time seemed to impute an almost magical significance to the "Primary Control" and some of his medical friends gave him information about "controlling centres" in the mid-brain in terms which seemed to imply a subjective awareness of such a centre, which should exert a Primary Control over the rest of the body. Shades of Descartes and his Pineal Body!"

But then I have a copy of a letter from FM to Frank Pierce Jones (given to me by Frank in 1973/4) in which FM wrote: "There really isn't a primary control as such. It becomes a something in the sphere of relativity.

"What should we make of this now, in 2020?"

Bookings: Jane Refshauge jane@janerefshauge.com T: 03 9419 2484

\$15 Full \$10 concession Pay Cash at the Door

Some places remaining for John Nicholls Private Sessions, HOG3 and MELBOURNE Workshops 1 & 2 ~> don't miss out!



Bruce Fertman workshop

Sydney 17-19 Jan 2020

20 Alexander Teachers, Trainees and devotees came together in Crows Nest, Sydney, for a training experience with Bruce Fertman.

The intention was to introduce his work which brings new ideas and procedures for teaching AT both individually and in groups. The third day of the course was an introduction to AT designed for people at any level which was a practical application of the principles and techniques covered in the first two days.

We as organizers of the event are so pleased that it was a success, and everyone was happy

and inspired by the experience. We received many expressions of appreciation and gratitude.

Thank you all for coming and making this experience with Bruce possible.

Anthea and Clive

A full report on the workshop will be in a future ITM.

Our mailing address is:

AUSTAT
PO Box 405
Beechworth, Vic 3747
Australia

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